



Ginkgo Spa - Rate Sheet 2023
www.ginkgospa.com

SPA TOUCH THERAPIES

Rasul (Arniston and Houw Hoek)	45min	1 pers. 340
		2 pers. 420
		3 pers. 530
		4 pers. 630
Sauna	20 min	110
Ginkgo "Elixir"® Signature Massage	50 min	830
Ginkgo "Ataraxia"® Massage	90 min	1080
Ginkgo Hot Stone Massage	75 min	1000
Back and Neck Massage	30 min	440
Nutritive Pre-Natal Back, Neck & Shoulder Massage	30 min	460
Nutritive Pre-Natal Full Body Massage	60 min	910
Traditional Swedish Massage	50 min	830
Deep Tissue Personalised Sports Massage	50 min	870
	80 min	1210
Pressure Point Foot Massage	30 min	440
	50 min	830
Additional Massage Time per massage	10 min	110

SPA BODY TREATMENTS

Ginkgo Organic Salt & Herb Body Glow Exfoliation	30 min	430
Ginkgo Detox – Full Body Wrap	40 min	830
Ginkgo Deep Conditioning Hair & Scalp Treatment	20 min	410
Detox Hot Spa Bath (Available in Houw Hoek)	20min	410

FACIAL SKIN CARE TREATMENTS - Includes a personalised consultation, brow shape & a 10-minute foot, hand, or scalp massage

BABOR Men's Skincare Treatment	60 min	960
BABOR Classic Facial & Executive Anti-Stress Back Massage	80 min	1100
BABOR Express Cleanse	45 min	660
BABOR Classic Facial	60 min	960
BABOR Anti-Aging Facial Treatment	75 min	1100
Add Ampoule Crash	Each	250
Add Algae Peel Mask	Each	350

MANICURES AND PEDICURES – Essential Care for the Hands & Feet

Signature MediHand Manicure	60 min	460
Signature MediHeel Pedicure	60 min	480
Premier MediHand Manicure	45 min	380
Premier MediHeel Pedicure	45 min	410
Gel Manicure	75 min	490
Gel Pedicure	75 min	520
Gel Soak off	20min	200
MediHeel Foot Treatment	30 min	320
MediHeel Peel – Heel Corrector Treatment	15 min	190

Cancellation Policy: Please take note that your treatment time will be shortened accordingly should you arrive late; because your Spa appointments are reserved specifically for you, we ask that you notify the Spa a minimum of 8 spa operating hours (daily from 08h00-20h00) in advance should you wish to cancel or reschedule. A 50% cancellation fee will be charged for all late cancellations. No-show appointments will be charged for in full.



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GINKGO LEAF COLLECTION

A Collection of Treatments especially designed for those indulgent and invigorating moments – Includes 20min Sauna Session

“De-Stress-Express” - De-stressing tune-up after a long day

*Hair & Scalp Conditioning Massage, Back & Neck Massage, Pressure
Point Foot Massage* 1hr 20min
1010

“Renaissance” - The focus is on the body.

Premier Manicure & Pedicure, Elixir Massage 2hrs 20min
1300

“Time Out” – Few minutes of luxury Bliss!

Babor Anti-Aging Facial, Elixir Massage, Premier Pedicure
2hrs 35min
1760

“Debutante” - Treatments perfect for first-time Spa guests

Ginkgo Full Body Exfoliation, Elixir Massage, Babor Classic Facial
2hrs 20min
1770

“For Me” - customize your package

Ask Spa Desk for information

2-hour Package 1320
3-hour Package 2320

“Executive Renewal” - A Selection of Treatments for the professional

*Elixir Massage, Signature Manicure & Pedicure,
Babor Anti-Aging Facial* 4hrs 05min
2300

“Tranquillity” – A wonderful day of extraordinary service and pampering

*Detox Body Wrap, Elixir Massage, Babor Classic Facial, Premier
Manicure & Pedicure* 4hrs 15min
2840

“Mother-To- Be” – Precious Moments of Total Relaxation

*Full Body Exfoliation, Nutritive Pre-Natal Full Body Massage, Relaxing
Hair & Scalp Treatment, Premier Manicure & Pedicure and Classic
BABOR Facial* 4hrs 20min
2800